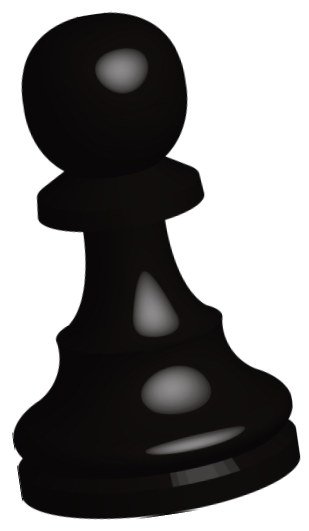


Board Games for Adults



Thursdays



6.00pm – 7.00pm in Wonthaggi

Fun evenings away from screens!

Termly x 1 hour sessions package

SOCIAL, EMOTIONAL & COGNITIVE SKILLS
coaching in small groups for Adults

www.themultipotentialites.org

Board Games for Adults



Hi!

I'm Soetkin – Connection & Rewilding Coach in Bass Coast.

I am offering 1 hour per week in the evening, where Adults can explore & play 1 or more out of a large range of boardgames in a safe & supportive small group environment.

These sessions will take place on Thursdays **between 6.00pm – 7.00pm in Wonthaggi.**

Participants will be encouraged to focus on social & prosocial skills, turn taking skills, focus & attention, attunement, effective communication, strategic thinking, problem solving, a wide range of higher thinking & executive functioning skills, emotional regulation and sooo much more – all depending on the type of games we play and the other members and interactions in the group. But most of all we want to create a fun and encouraging environment where all participants feel welcomed and at ease.

The sessions will consist of 45 min of actual playing time and 15 min of admin time.

These Boardgame Sessions for Adults are **offered in packages per Term**, for optimal results.

Scheduling sessions will be done on a weekly basis on a Thursday.

There are max 4 spots available each Thursday and each group will remain a closed group for the remainder of the Term.

Email Soetkin if you're keen to purchase a package for Adults:
so@themultipotentialites.org

Please **subscribe to our Newsletter** on the website, to be kept in the loop about updates to our events and offerings (frequency of mailings is about 4 to 6 x per year)

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